



## Section 1—Demographic Information

Primary Care Physician:		How were you referred:	
Name (Last, First, M.I.):			A.K.A.:
Date of Birth: / /	Age:	Gender: Male Female Transgender Other	
Mailing Address:			
City:	State:	Zip Code:	
Home Phone: ( )	Work Phone: ( )	Cell Phone: ( )	
E-mail Address:		Do we have permission to contact you via e-mail? Yes No	
Primary Spoken Language: English Spanish Portuguese Other:	To which racial or ethnic group(s) do you <i>most</i> identify: African-American (non-Hispanic) Asian/Pacific Islanders Caucasian (non-Hispanic) Latino or Hispanic Native American or Aleut Other:		
Marital Status: Single Partnered Married Separated Divorced Widowed		Full name of spouse or significant other:	
Employer Name:	Employer Address:	Occupation:	
Employment Status (choose all that apply): Full-time Part-time Self-employed Not employed Retired Active Military			Driver's License Number:

## Section 2—Emergency Contact Information

Contact Name:	Relation to Patient:	
Address:		
Home Phone: ( )	Work Phone: ( )	Cell Phone: ( )

### Section 3—Insurance Information: if we have a copy of your Ins. card(s) skip this section

<b>Primary Insurance:</b>	Subscriber ID Number:
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Group Number:	Group Name:
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Complete the following questions if the subscriber is someone other than yourself, the patient.

Subscriber's Name:	Subscriber's Date of Birth: / /	Relation to Patient:
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Address:	Subscriber's SSN:
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<b>Secondary Insurance:</b>	Subscriber ID Number:
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Group Number:	Group Name:
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Complete the following questions if the subscriber is someone other than yourself, the patient.

Subscriber's Name:	Subscriber's Date of Birth: / /	Relation to Patient:
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Address:	Subscriber's SSN:
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<b>Other Insurance:</b>	Subscriber ID Number:
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Complete the following questions if the subscriber is someone other than yourself, the patient.

Group Number:	Group Name:
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Subscriber's Name:	Subscriber's Date of Birth: / /	Relation to Patient:
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Address:	Subscriber's SSN:
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### Section 4—Consents

- I hereby certify that I am eligible for the health insurance plan I have listed in my registration form. I, also, certify that I have chosen The Priority Care Center to provide me with healthcare services. I understand that, were the aforementioned statement not true, I would be responsible for any and all charges for the services rendered. Additionally, if the aforementioned statement were not true, I agree to pay all charges, in their entirety, and within 90 days of receiving an invoice for services rendered at the Priority Care Center.
- I understand my rights that are referenced in the notice of Privacy Practices (a copy of this can be made available to you upon request).
- I give consent to for The Priority Care Center to obtain my prescription history.

Signature \_\_\_\_\_ Date \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_



# The Priority Care Center

A Program of the Humboldt IPA

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender:  M  F

Primary Care Provider: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_ Location: \_\_\_\_\_

**CURRENT MEDICATIONS/SUPPLEMENTS** (may bring own list to visit if you prefer) – this information may be taken directly from the pharmacy label on the prescription product.

Name of Medication	Strength of Medication	Dosing Instructions
<i>Example: Tylenol</i>	<i>Example: 500 mg</i>	<i>Example: 1 pill three times a day</i>

### Past Medical History (Check all that apply)

<input type="checkbox"/> Acid Reflux/GERD	<input type="checkbox"/> Chronic Pain	<input type="checkbox"/> High Blood Pressure
<input type="checkbox"/> ADHD	<input type="checkbox"/> Depression	<input type="checkbox"/> High Cholesterol
<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Irritable Bowel
<input type="checkbox"/> Allergies	<input type="checkbox"/> Emphysema/Bronchitis/COPD	<input type="checkbox"/> Kidney Disease
<input type="checkbox"/> Anemia	<input type="checkbox"/> Epilepsy/Seizure Disorder	<input type="checkbox"/> Liver Disease
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Glaucoma/Cataracts	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Headaches	<input type="checkbox"/> Stroke
<input type="checkbox"/> Asthma	<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Bleeding Disorders	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Cancer		

### Allergies

<input type="checkbox"/> No Known Allergies	<input type="checkbox"/> Medication Allergies	<input type="checkbox"/> Environmental/ Seasonal Allergies	<input type="checkbox"/> Latex Allergy
<b>List Allergies</b>		<b>Reaction</b>	



Name \_\_\_\_\_ DOB \_\_\_\_\_

## Past Surgical History

<u>Date of Surgery</u>	<u>Type of Surgery</u>

## Family Medical History

<u>Members</u>	<u>Status</u> (Alive/Deceased)	<u>Diabetes</u>	<u>High blood pressure</u>	<u>Heart Disease</u>	<u>Mental Illness</u>	<u>Cancer (Type)</u>	<u>High cholesterol</u>	<u>Unknown</u>
Father								
Mother								
Paternal Grandfather								
Paternal Grandmother								
Maternal Grandfather								
Maternal Grandmother								
Siblings Children								

## Social History

**Tobacco Use: Current use:** Yes No

**Past Use:** Yes No When did you quit? \_\_\_\_\_

**Type:** Cigarettes Cigars Chew E-cigarette

**Recreational Drug Use:** Yes No

Type: Marijuana Cocaine Heroin Methamphetamine Other \_\_\_\_\_

**Alcohol Use:** Daily 4-5 times per week 1-3 times per week less than one time per week none

**Type:** Beer Wine Liquor

**Marital Status:** Married Separated Divorced Domestic Partnership Single Widow/Widower

**Living Situation:** Own Rent Homeless Other \_\_\_\_\_

**Children:** Yes No if yes, do they live with you Yes No

**Support Network:** Spouse/Significant other Family Friends Counselor Other \_\_\_\_\_

**Diet/Exercise: Are you on a special diet?** Yes No if yes, what type \_\_\_\_\_

**Do you Exercise?** Yes No If yes, how often Daily 3-5 days per week

1-2 days per week less than once per week

What type \_\_\_\_\_



NAME: \_\_\_\_\_

Date: \_\_\_\_\_

<b>PHQ-9</b>	<i>Over the <b>last 2 weeks</b> how often have you been bothered by any of the following problems?</i>	<i>not at all</i>	<i>several days</i>	<i>more than half the days</i>	<i>nearly every day</i>
1.	Little interest or pleasure in doing things	0	1	2	3
2.	Feeling down, depressed, or hopeless	0	1	2	3
3.	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4.	Feeling tired or having little energy	0	1	2	3
5.	Poor appetite or overeating	0	1	2	3
6.	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7.	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8.	Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9.	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
<i>PHQ-9 total score =</i>					

**Would you like someone from our office to contact you before your appointment regarding any of the above?**

\_\_\_ Yes \_\_\_ No

**Are you currently undergoing any treatment for depression?**

**Medications:** \_\_\_\_\_

**Counselor:** \_\_\_\_\_

**Other:** \_\_\_\_\_

Client Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date obtained: \_\_\_\_\_

**(PROMIS) Patient Reported Outcomes Measurement Information System** is a system of highly reliable, precise measures of patient-reported health status for physical, mental, and social well-being. PROMIS tools measure what patients are able to do and how they feel by asking questions.

## Global Health Assessment

**Please respond to each item by marking one box per row. (NOTE: One or more missing responses will render such scoring unusable).**

Questions	Excellent (5)	Very Good (4)	Good (3)	Fair (2)	Poor (1)
Global 01: In General, would you say your health is					
Global 02: In general, would you say your quality of life is					
Global 03: In general, how would you rate your physical health?					
Global 04: In general, how would you rate your mental health, including your mood and your ability to think?					
Global 05: In general, how would you rate your satisfaction with your social activities and relationships?					
Global 09: In general, please rate how well you carry out your usual social activities and roles (this includes activities at home, at work and in your community, and responsibilities as a parent, child, spouse, employee, friend, etc.					
	<b>Completely</b>	<b>Mostly</b>	<b>Moderately</b>	<b>A little</b>	<b>Not at all</b>
Global 06: To what extent are you able to carry out your everyday physical activities such as walking, climbing stairs, carrying groceries, or moving a chair?					
	<b>Never</b>	<b>Rarely</b>	<b>Sometimes</b>	<b>Often</b>	<b>Always</b>
Global 10: In the past 7 days, how often have you been bothered by emotional problems such as feeling anxious, depressed or irritable?					
	<b>None</b>	<b>Mild</b>	<b>Moderate</b>	<b>Severe</b>	<b>Very Severe</b>
Global 08: How would you rate your fatigue on Average?					
Global 07: How would you rate your pain on average?	<input type="checkbox"/> 0	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 1 2 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 4 5 6	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> 7 8 9	<input type="checkbox"/> 10
To be completed by staff: Total Score (G03, 06, 07, 08)					_____
Total Score (G02, 04, 05, 10)					_____

# GESTATIONAL DIABETES HISTORY

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

MR#: \_\_\_\_\_ HCL#: \_\_\_\_\_

Attach label or addressograph

Obstetrician/Primary care provider name \_\_\_\_\_ Provider phone # \_\_\_\_\_

Obstetrician/Provider's address \_\_\_\_\_

Pharmacy name \_\_\_\_\_ Pharmacy phone # \_\_\_\_\_

Marital status  
 Single  Married  Divorced  Separated  Cohabiting

# of people in household \_\_\_\_\_

Will significant others participate in program?  
 No  Yes ► Relationships: \_\_\_\_\_ Names: \_\_\_\_\_

Race/Ethnicity (check all that apply)

White  Native American  Black or African American  Multi-race  
 Asian  Hispanic/Latino  Native Hawaiian or other Pacific Islander

What level of schooling have you completed?

Elementary school  High school diploma  Some college  College/University degree  
 Technical/Vocational/Business  Military training  Graduate school  Other: \_\_\_\_\_

Occupation

Technical/Sales/Clerical  Unemployed  Homemaker  Other: \_\_\_\_\_  
 Skilled labor  Student  Managerial/Professional \_\_\_\_\_  
 Other labor  Military  Education/Teacher \_\_\_\_\_

Do you have any medication allergies?  
 No  Yes ► What kind? \_\_\_\_\_

Have you ever been diagnosed with any of the following conditions, or do you have a concern?

<b>Diagnosed</b>	<b>Concern</b>	<b>Diagnosed</b>	<b>Concern</b>	<b>Diagnosed</b>	<b>Concern</b>
<input type="checkbox"/>	<input type="checkbox"/> High blood pressure	<input type="checkbox"/>	<input type="checkbox"/> Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/> Stomach or bowel problems
<input type="checkbox"/>	<input type="checkbox"/> Heart disease	<input type="checkbox"/>	<input type="checkbox"/> Eye or vision problems	<input type="checkbox"/>	<input type="checkbox"/> Depression
<input type="checkbox"/>	<input type="checkbox"/> Abnormal blood lipids (fats)	<input type="checkbox"/>	<input type="checkbox"/> Kidney disease	<b>Family history of:</b>	
<input type="checkbox"/>	<input type="checkbox"/> Circulation problems	<input type="checkbox"/>	<input type="checkbox"/> Skin	Diabetes	<input type="checkbox"/> No <input type="checkbox"/> Yes
<input type="checkbox"/>	<input type="checkbox"/> Numbness/Pain (hands/legs/feet)	<input type="checkbox"/>	<input type="checkbox"/> Dental or mouth problems	Thyroid disease	<input type="checkbox"/> No <input type="checkbox"/> Yes
<input type="checkbox"/>	<input type="checkbox"/> Foot problems	<input type="checkbox"/>	<input type="checkbox"/> Liver disease	Heart disease	<input type="checkbox"/> No <input type="checkbox"/> Yes

List past surgeries and/or hospitalizations with dates (not including child birth):

Surgery/Hospitalization: \_\_\_\_\_ Date: \_\_\_\_\_

Surgery/Hospitalization: \_\_\_\_\_ Date: \_\_\_\_\_

Surgery/Hospitalization: \_\_\_\_\_ Date: \_\_\_\_\_

**PRIOR PREGNANCY HISTORY**

How many full-term deliveries have you had? \_\_\_\_\_

How many premature births have you had? \_\_\_\_\_

How many abortions/miscarriages have you had? \_\_\_\_\_

Have you had any complications in prior pregnancies?  No  Yes  
 ► If yes, explain: \_\_\_\_\_

Have you ever had gestational diabetes in the past?  No  Yes  
 ► If yes, did you take:  Glyburide  Insulin  Other: \_\_\_\_\_

List your living children:

Name	Age	Birth weight	Was the baby full-term or premature?
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....
.....	.....	.....	.....

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## GESTATIONAL DIABETES HISTORY (Cont): NUTRITION AND LIFESTYLE HISTORY

Have you used any food planning methods in the past (such as carb counting, exchange lists, commercial weight loss programs, etc.)? If so, please list:

**Typical day schedule:** Please fill in the **times** of your meals and snacks, along with an example of the **type and amount** of food and drink you might have for your meals and snacks.

	TIME	TYPICAL MEALS AND SNACKS
I get up at		
Breakfast		Breakfast meal:
Morning snack		Morning snack:
Midday meal		Midday meal:
Afternoon snack		Afternoon snack:
Evening meal		Evening meal:
Evening/Bedtime snack		Evening/Bedtime snack:
I go to bed at		

Is your job active or inactive?

Active  Inactive ▶ Explain: \_\_\_\_\_

Do you exercise?

No  Yes ▶ What type(s)?  Walking  Biking  Active job  
 Swimming  Sports  Aerobic machine  Other: \_\_\_\_\_

How many times per week do you exercise?

0  1-2  3-4  5-6  More than 6

For how many minutes per time?

0  1-10  11-15  16-30  More than 30

Have you been advised by a physician to limit your exercise during pregnancy?

No  Yes ▶ Explain: \_\_\_\_\_

What was your weight before this pregnancy?

Is weight gain a concern for you?  No  Yes

Do you have any problems with nausea or vomiting?  No  Yes

Do you have any other nutrition concerns?  No  Yes

▶ If yes, explain: \_\_\_\_\_

Do you drink alcohol?

No  Yes ▶ Type(s), amount, and times per week: \_\_\_\_\_

Do you use tobacco?

No  Yes ▶ Type: \_\_\_\_\_ Amount per day: \_\_\_\_\_

Former tobacco user?

No  Yes ▶ Quit date? \_\_\_\_\_

Do you use street drugs?

No  Yes

List all of your medications, including over-the-counter medications, prenatal vitamins, and other vitamin/mineral supplements:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# GESTATIONAL DIABETES HISTORY (Cont): LIFESTYLE AND BEHAVIORAL ASSESSMENT

## MOST IMPORTANT CONCERNS

What do you feel are your most important concerns in regard to managing your gestational diabetes?

What would you like to learn during your visits?

### Check each of the items below that may concern you.

- 1. Do you have concerns about sleeping (such as insomnia, sleep apnea, nightmares, talking in your sleep)?
- 2. Do you have concerns about eating or exercising (such as eating too little, overeating, over-exercising)?
- 3. Do you have concerns about possible depression or noticeable mood changes (such as feeling sad, having mood swings, increased irritability)?
- 4. Do you have concerns about anxiety, nervousness, or stress (such as feeling worried all the time, over-stressed)?
- 5. Do you have concerns about problems in social, school, or work environments (such as decreased productivity, avoidance, withdrawal)?
- 6. Do you have concerns about relationships with other people (such as friends, people at school, people at work)?
- 7. Do you have concerns about family issues (such as conflict, marital conflict, issues concerning the baby's father, disciplining children)?
- 8. Do you have concerns about financial issues (such as healthcare insurance, support for the baby, paying for infant supplies)?
- 9. Do you have concerns about problem behaviors (such as aggression, overactivity, repeating behaviors you do not want to repeat, illegal behavior)?
- 10. Do you have problems with addictive behaviors (such as drug or alcohol abuse, gambling, workaholic behavior)?
- 11. Have you ever worked with a counselor or psychologist?
  - No  Yes ►What was helpful? Please explain: \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- 12. Would you like a referral to a counselor or psychologist?
  - No  Yes

Who completed this form?

Relationship to patient

Signature

## FOR HEALTH PROFESSIONAL USE

- Referral made and accepted
- Referral made and declined
- Referral pending